

**Never lose heart** – Words & Music by Sonia Allori

Never lose your head,  
Even when those around you are losing theirs,  
'Cos that's an awful lot of heads,  
To trip over,  
Or kick up the corridor!

La la la la la .....

Never lose your trust in people,  
Even if they let you down,  
'Cos it's a case of give and take,  
You have to give a little,  
And lose all the hate.

La la la la la .....

Never lose hope,  
That life will keep surprising every day,  
You've got to keep the faith alive,  
Believe in yourself,  
Don't stick your hand in a bee hive!

La la la la la .....

Never lose heart,  
Even though life's frustrating,  
Your body's misbehaving,  
You can do it if you try,  
And if not,  
Then maybe one day you will fly!

La la la la la ...